



Important Up-dated Information

Please Copy and Distribute to your Office Staff

To assist your agency, and the clients you work with, we wanted to provide your office with our current list of programs and contact information. In the coming months you may inevitably be contacting us relating to a client either transferring in or out of your caseload, and referring them to either our physical location, and/or our ALS Virtual Classroom. Most importantly however, with our success rate providing services across the United States, we wanted to insure you have the best information available to assist you and your department.

AVACA wants to thank the thousands of organizations we work with for the many years of service we have provided to you. Over the course of a year across the United States thousands of individuals are referred to us in-order to provide our expertise, and proven services, to help put an end to the many critical self-sabotaging behaviors that they are currently dealing with.

**The AVACA Wisdom Institute is a Choice Resource...
...and a Leader in Education Services Worldwide**

- ✓ Certified Batterer Intervention Specialists with a working knowledge and understanding of Violence, Anger, and Substance Abuse Education Programs. We are experts who can fulfill your clients needs.
- ✓ Certified Facilitators in: The Universal Approach to Mental Health - A guideline and modality to bring a client/probationer back to their Inner Mental Health. Visit our website to learn more about our services.
- ✓ AVACA's Psychology Department is headed by Dr. Robert Foster. Dr. Foster is a Licensed Clinical Psychologist, Vietnam War Veteran Officer, and a renowned speaker having published several articles relating to his work. His expertise has including services to the DEA, Moffett Field Naval Air Station, and has provided services as a court expert witness to several departments.

Health Realization modality has been recommended by:

U.S. Dept. of Justice
Dept. of Drug and Alcohol
U.S. Attorney General
Police Departments
Probation & Criminal/Family Courts Nationwide

Individual, Employment & Court Approved Programs:

- ✓ Batterer Intervention Program (BIP - DV)
- ✓ Anger Management Classes
- ✓ Child Abuse, Elder Abuse, Animal Abuse Classes
- ✓ Positive Parenting Classes
- ✓ Substance Abuse Prevention Classes
- ✓ ... all classes are available in person or virtual

**The Universal Approach to Mental Health
(UAMH)**

This highly respected modality, based on the Three Principals that create our mental image of reality. Directs individuals to look at their thoughts, and belief systems, that have become so harmful to themselves and to those around them. In doing so, individuals realize through their own inner health such behavior is not acceptable, and are able to make lasting changes from within finding new ways to deal with life and the many situations they find themselves in - our work is groundbreaking.

Addressing these areas allows them to see their true reality, and not one based only on emotions, thoughts, and their conditioning. They become aware of what is called: Innate Health Realization

The AVACA Wisdom Institute, Inc.

Corporate Office: 342-A 9th Street Suite 218 * San Francisco, CA. 94103 * 800.918.7990 or 415.431.4800
email: ClientServices@AVACA.net * Website: <http://www.AVACAWisdomInstitute.com>

The **AVACA** Wisdom Institute
How Can We Save a Life Today?



Client Services Department

Fax (415) 431-4805

Office (415) 431-4800

(800) 918-7990

Primary Staff

Jennie Lake, CEO / Founder

Professionally, she has over 20 years experience as an employer and has owned several successful businesses. Currently however, she is the founder of the AVACA Wisdom Institute, located in San Francisco, and provides corporate, individual and group education classes, as well as seminars and workshops on "Our Innate Wisdom and Inner Health." The curriculum she developed is Groundbreaking!

In addition to the worldwide online Virtual Classroom she helped develop, currently being used by many businesses, individual families, and Court and Probation Departments across the United States. She also provides training and consulting work to many schools and colleges assisting them in program development to assist students with anger, substance abuse and violence issues. AVACA is one of only a few agencies approved by the City and County of San Francisco's Adult Probation Department to provide several of the court mandated programs. Over 2000 agencies refer their clients to her programs. Currently the VA, and several fire departments, have asked her to help develop programs relating to PTSD. Several videos of her work are available on our website.

In addition to a sought after speaker on Anger and Domestic Violence Prevention, her book entitled "Hello World its ME: Memories have legs... How I learned to out-run them" is available now. As the head of Education at AVACA, she is the lead facilitator in many of our classrooms. As a teacher, she is considered a Trainer of Trainers, and teaches at several schools, and Agencies, who provide Certification to new, and/or continuing education to existing, Anger Management and Domestic Violence Counselors.

There is no doubt that courts, probation departments, service providers, schools, community centers, law enforcement, and human resource professionals will greatly benefit from the unique insight she will provide.

Dr. Robert Foster, Psychologist

Dr. Foster has been practicing as a licensed Clinical Psychologist in the San Francisco Bay Area for 23 years. His practice has included work in a variety of mental health agencies and organizations and he is currently practicing full time in private practice with two office locations in San Francisco's Financial District, and Palo Alto in Silicon Valley.

His experience over the years has included work as a Psychologist for the U.S. Navy at Moffett Field Naval Air Station (now closed); providing family and individual therapy for the Family Service Agency of the Mid-Peninsula; an Employee Assistance (EAP) Psychologist for the DEA - Drug Enforcement Agency Unit in San Francisco; an EAP Psychologist for Human Affairs International; and as an EAP Psychologist for Harris-Rothenberg EAP on Wall Street, NYC.

As a Consulting Psychologist, and presenter for the California State Bar Educational Institute, he has delivered many conference presentations on a variety of topics relevant to the field of Labor and Employment Law, such as: Substance Abuse in the Workplace, Sexual Harassment, Mental Illness in the workplace; Mindfulness Based Stress Reduction; and the Psychology of Discrimination as it relates to the elimination of bias in the workplace. As a psychological consultant in the field of Labor and Employment Law he has administered medical legal evaluations for disability cases, conducted fitness for duty evaluations and given expert testimony in legal cases.

In addition to his private practice, he is currently the Senior Supervising Psychologist for The AVACA Wisdom Institute. AVACA (Abuse, Violence, and Anger Cessation Alliance) is an education and mental health program that offers classes in Anger Cessation; Healthy Parenting; Stress Reduction; Substance Abuse Prevention; Health Realization; and a Domestic Violence Prevention Program. AVACA also offers EAP services to employees of client organizations and mental health treatment to the general population. The teaching model used is "The Universal Approach to Mental Health" based on "Health Realization Psychology" which uses the principals of Thought, Consciousness and Mind. This modality has been recommended by many high levels of Federal, State and County Agencies. For more information please visit the AVACA website at: www.AVACAWisdomInstitute.com



Please Forward to:
Client Services Department
Fax (415) 431-4805
Office (415) 431-4800
(800) 918-7990

REFERRAL FORM

Agency Name: _____

Contact Person: _____

Street Address: _____

(City) _____ (State) _____ (Zip) _____ - _____

Phone Number: _____ Fax#: _____

eMail Address: _____

Client Name: _____

Street Address: _____

(City) _____ (State) _____ (Zip) _____ - _____

Phone Number: _____ Date of Birth: _____ Gender: _____

eMail Address: _____

Reason for Referral: _____

Class Recommendation: _____

Misc Notes: _____
